

# MERMA FORIA ACONTA VIDA DES



*Training people to transform lives*

# 2019

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# ANNUAL REPORT 2019

“The moon moves  
slowly, but it crosses  
the town ”

**African Proverb**

# Letter from the board

**Health is priceless.** Some people understand it when it's close to their hearts. You have shown this understanding by putting yourself in the shoes of those who see their lives compromised by the place of their birth. That is why the Recover's family is getting stronger and stronger. And that is why, in 2019, nearly **180,000 people in sub-Saharan Africa** have been able to access health care that is more dignified and in line with their basic needs.

The professionals of the health centres with which we collaborate are essential in this fight. However, the African continent faces 24% of the global disease burden with only 3% of the professionals. In this context, our response could only be to invest in the **Training Programme**, thanks to which **166 health and hospital management professionals** have improved their skills over the last year.

But we've done it by going further. This constantly evolving world is enhancing our innovative side, so we've got our hands full with the first online training courses. From now on, the **Telemedicine Health Programme** platform will not only encourage collaboration in the resolution of complex cases between the **202 African professionals** and the 53 active Spanish volunteers, but will also act as

an online learning tool, encouraging the transfer of knowledge and further strengthening training.

2019 has also been a year of growth and consolidation for the **Programme Hospitals for Africa**, with **32 active projects**. On the one hand, we diversified and increased our work in Cameroon, making the Recover Network stronger with network projects such as the second cervical cancer campaign or the digitalization of centres. And, on the other hand, we strengthened our activity in Chad, DR Congo, Benin and Ivory Coast, carrying out in the last two a network campaign: sickle cell disease in the first one and technical assistance in the second one.

We also continue our collaboration with Burkina Faso, the leading of the **Patients' Programme** with six new cardiac cases treated in Spain from this country, in addition to nine other patients from four other African countries. In total, **15 people** have been treated in our country; 15 lives that have had a second chance.

All these achievements push us towards a 2020 full of new challenges and goals. Among them, the elaboration of the new **Strategic Plan** where our four lines of activity are even more linked to each other. A

plan that would not even be imaginable if we did not have committed counterparts and professionals on the field, nor without the **125 volunteers** who accompany us every step of the way. Nor would we be able to move forward without the support of the 60 organisations that back us up, or the more than **1,000 people** who are partners and make Recover become a family.

You, who read these lines, make our commitment in sub-Saharan Africa possible. For your solidarity and empathy with all the people who fight every day for their most fundamental rights, **thank you.**

*Board of Members of Fundación Recover,  
Hospitales para África*



# Who we are

**At Fundación Recover we work** to facilitate access to quality health care with a future for all people in the African countries where we are present, with a sustainable health care model. The professionalisation of local staff, the support of local organisations that coordinate on the field, non-profit and with social prices, and a policy of zero tolerance to corruption are the basis of our model.




**Our team** is made up of 125 national and international volunteers, nine employees in Spain, three in different parts of sub-Saharan Africa and six who form our board of trustees. We are united by values of professionalism, sustainability, closeness and transparency, but, above all, we are united by our commitment to the African continent and the fight for a dignified health care for all its inhabitants.

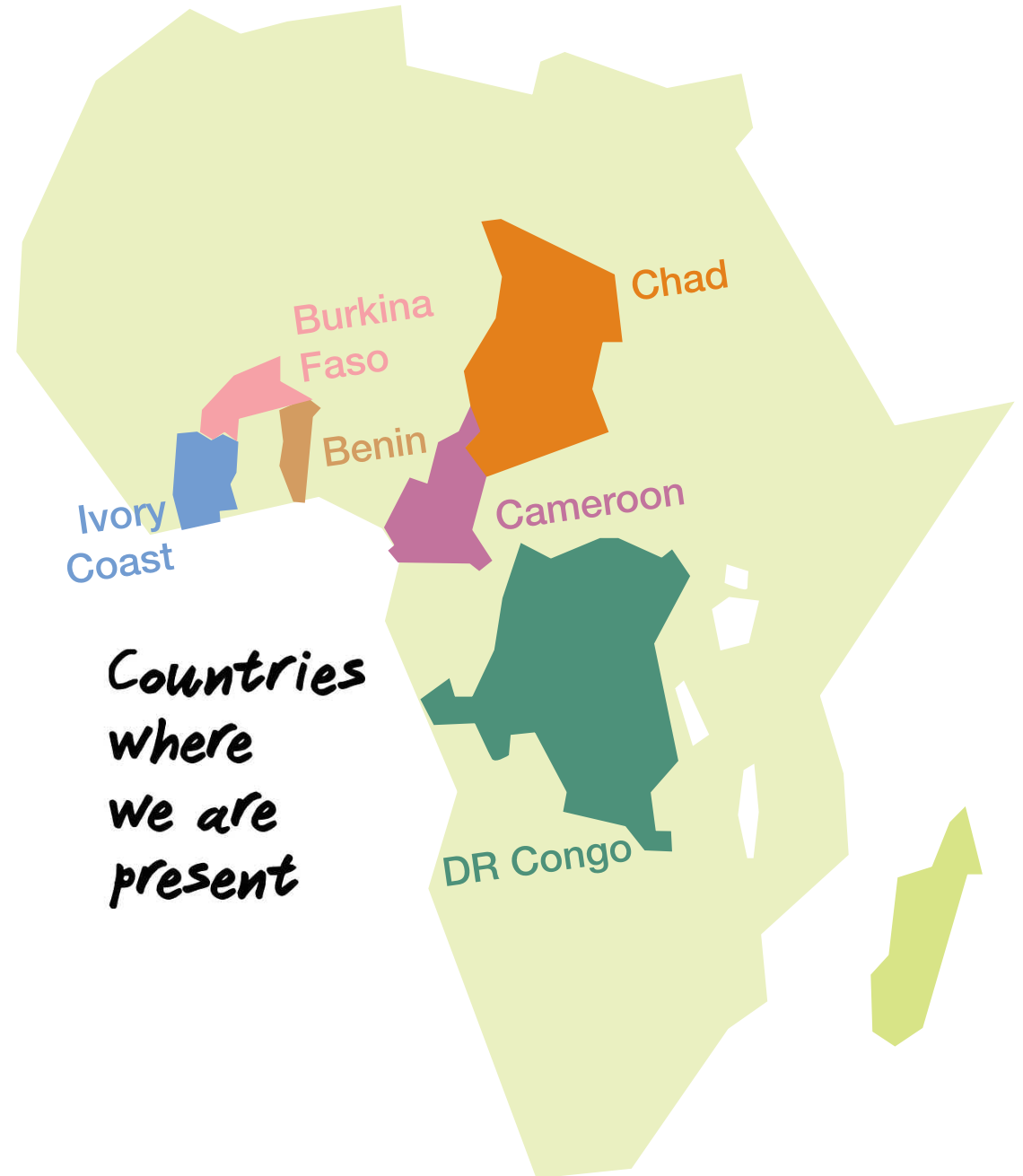
## Staff

### Headquarters

- |   |   |   |
|---|---|---|
|  <b>Chus de la Fuente</b><br>Director              |  <b>Javier Lasa</b><br>Head of Administration          |  <b>Nery Villalobos</b><br>Health 2.0 and Patients Program |
|  <b>Borja Arnaiz</b><br>Fundraising & CSR          |  <b>Andrea Varela</b><br>Volunteering & Administration |  <b>Miguel Molinero</b><br>Hospitals for Africa Program    |
|  <b>Katia Álvarez</b><br>Marketing & Communication |  <b>Sonia Gallego</b><br>Fundraising & Members         |  <b>Susana Romao</b><br>Training Program                   |

### In the field

- |  |   |
|--|---|
|  <b>Emilie Ngono</b><br>Focal point in Cameroon           |  <b>Marcelle Medou</b><br>Health 2.0 in Cameroon |
|  <b>Sibidibouga Lankoandé</b><br>Patients in Burkina Faso |   |



**Our activity has been recognised with different awards:**

AWARDS 2017 - 2020



# Social impact

Through different awareness actions, we seek to impact the Spanish population and institutions with the mission of laying the foundations of an awareness of international solidarity necessary to achieve equal rights across the globe and, thus, multiply the impact of each project in the field, because only by working as a team, as part of the same chain, we can achieve it.

## In 2019...

- **We have bet on communication:** Because by making known the health reality of the countries in which we work, for example working with Deva and Tinkle in social networks, we increase our visibility and expand our network of collaborators.
- **We have been guided by transparency:** Because we know that donating without expecting anything in return is not always easy, that is why we are accountable to the groups that support us, for example, through a dinner with members and supporters.
- **We have carried out solidarity events:** Because through the 4th "100km x Africa", the Ensemble Koiné choral concert or the markets and information stands we can go further and have a greater impact.

- **We have allied with others:** Because entities like Montakit Fuenlabrada, Club de Campo Villa de Madrid or shows like Que la vida merere la risa help us to transmit our values.
- **We have provided reflection and teamwork:** Because they help to better understand the reason for cooperation and to take advantage of synergies, an example of which is our 2nd Report on Health Education and Training in Sub-Saharan Africa and the 3rd Cooperation Day.
- **We have invested in management:** Because with the implementation of a CRM we can unify contacts and adapt messages to recipients, as well as increase administrative efficiency and raise the security of the data we process.



# Training Courses

**118.647** euros  
**INVESTED**

**3**  
Countries

**20**  
Trainings courses

**166**  
Trained professionals

**154**  
Health training courses

**12**  
Management training courses

**1.442**  
Patients seen

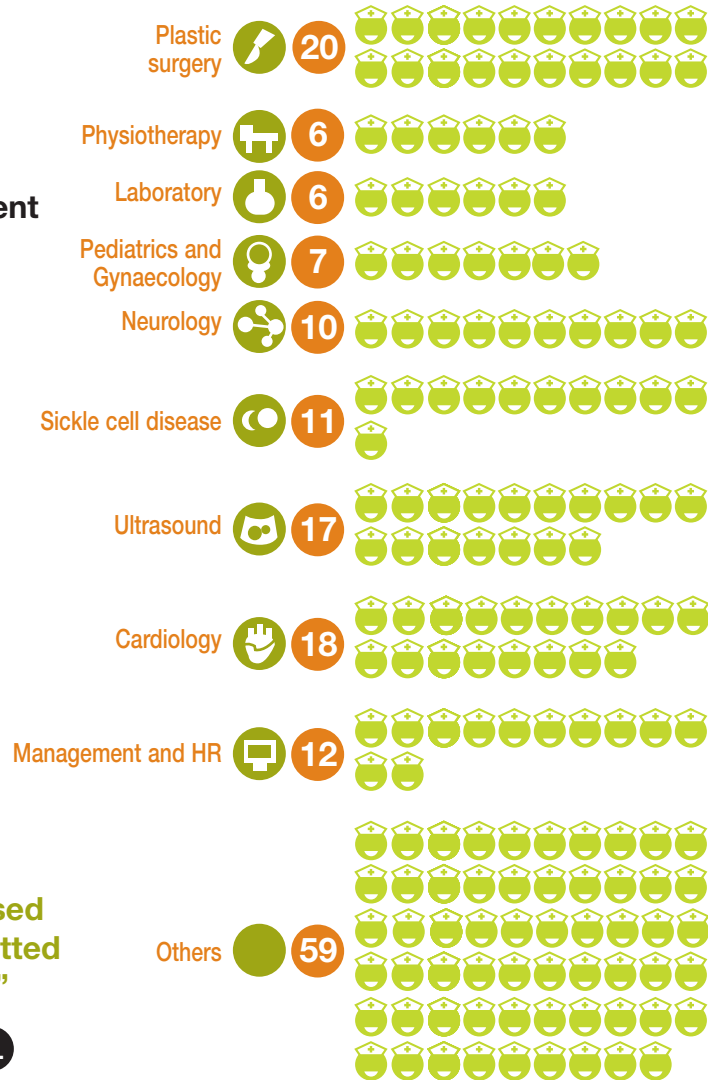
**38**  
Volunteers in the field

“I was immediately attracted to the Recover project: with the few resources there and by passing on knowledge, we improved the care of epileptic, stigmatised and abandoned patients. Recover is committed to training and that is always a great value.”

**Eva López.** Partner and neurologist volunteer in Ivory Coast.

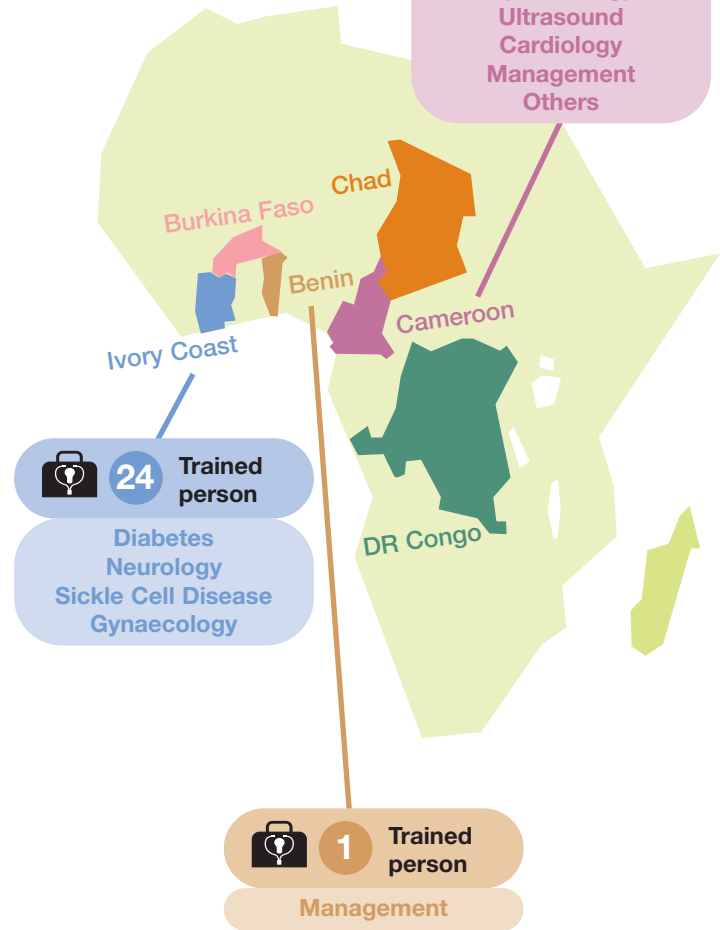


## People trained by speciality



**141** Trained person

- Psychology
- Laboratory
- Pediatrics
- Gynaecology
- Ultrasound
- Cardiology
- Management
- Others



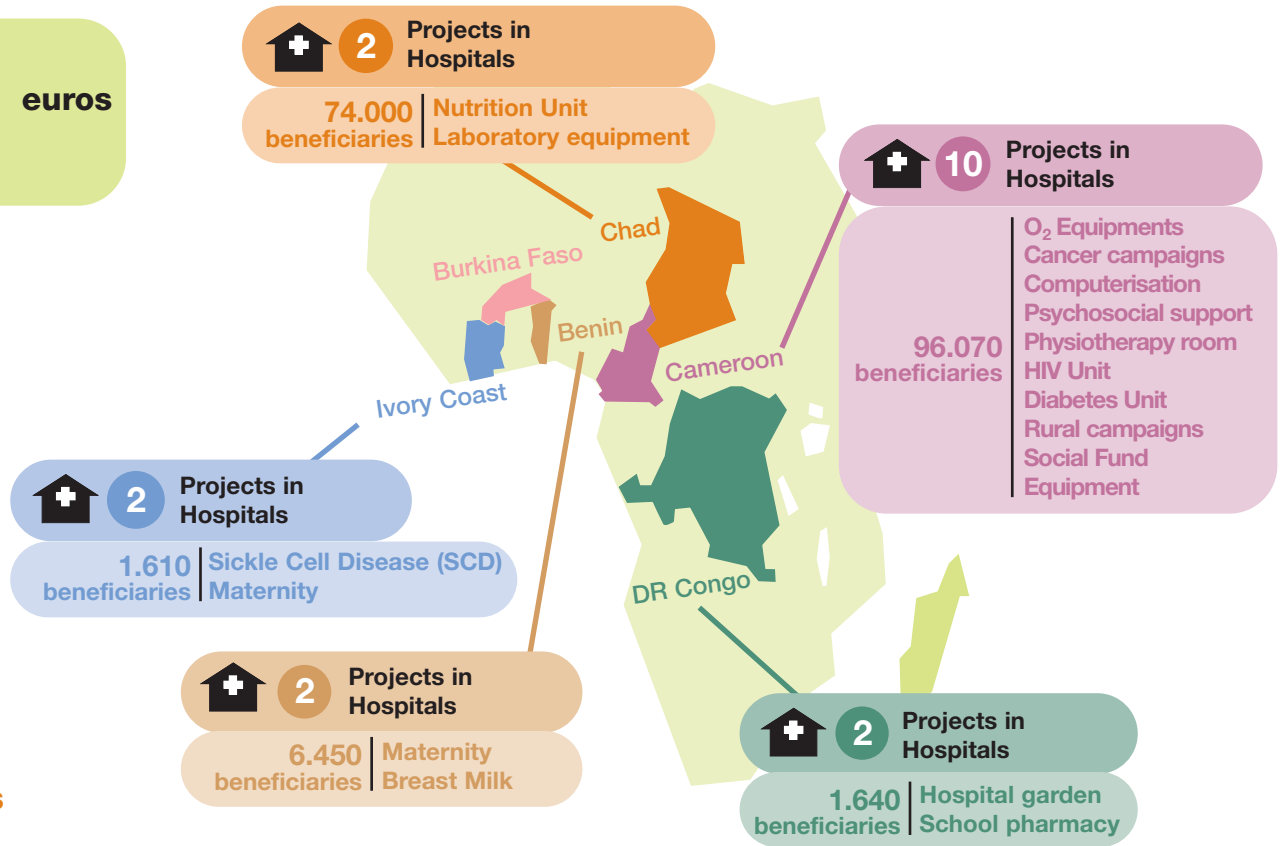


# Hospitals for Africa

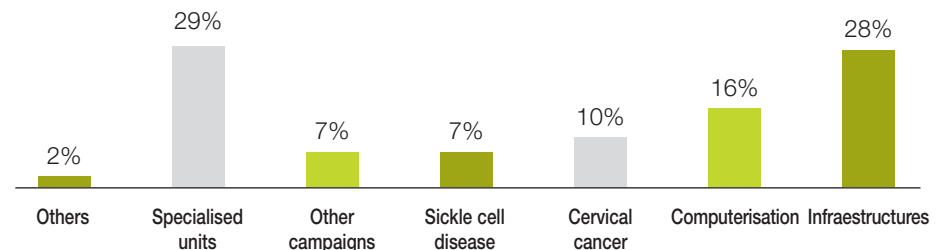
**407.011** euros  
**INVESTED**

-  **5** Countries
-  **32** Projects
-  **14** Supported medical centres
-  **177.299** Patients seen
-  **3.459** Deliveries attended

-  **13.116** Prenatal consultations
-  **194.325** Laboratory analyses
-  **2.000** kg. Donated medicines
-  **52.334** euros Value donated equipment



## Invested funds by projects



“ICOMEM has collaborated with the donation of medical equipment for the health centre in Kpakpamé. It is a pleasure to see how your work promotes access to health care for a population in a situation of vulnerability.”

Ricardo Angora. ICOMEN International Cooperation Office Spokesman.



# Telemedicine

**52.102** euros  
**INVESTED**



**6**  
Countries



**66**  
Connected  
medical centres



**202**  
African  
users



**53**  
Spanish  
volunteers



**185**  
Uploaded  
cases



**17**  
Specialities  
served



**3**  
Awarded  
professionals



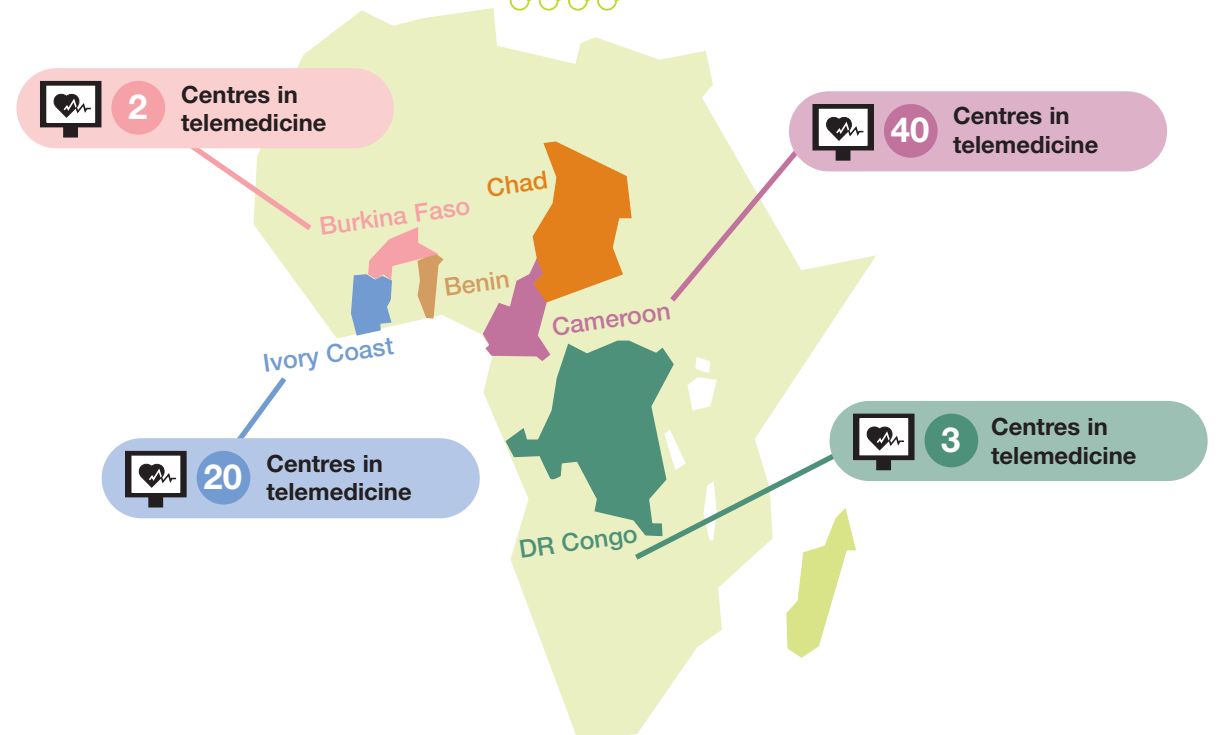
**26**  
Post in the  
Media Library

“We are very grateful for this initiative, because it contributes to the updating of the knowledge of our health professionals, members of Health 2.0, for a better efficiency in our work. Thank you once again for this collaboration.”

Dypamak. NGO in Cameroon.



## Cases by speciality





# Patients in Spain

**215.913** euros  
**INVESTED**



**5**  
Countries



**8**  
Collaborating  
medical centres



**15**  
Patients  
seen



**166**  
Patients  
operated  
until 2019



**4**  
Spanish  
hospitals



**5**  
Specialities



**9**  
Minors and  
young people



**6**  
Adults



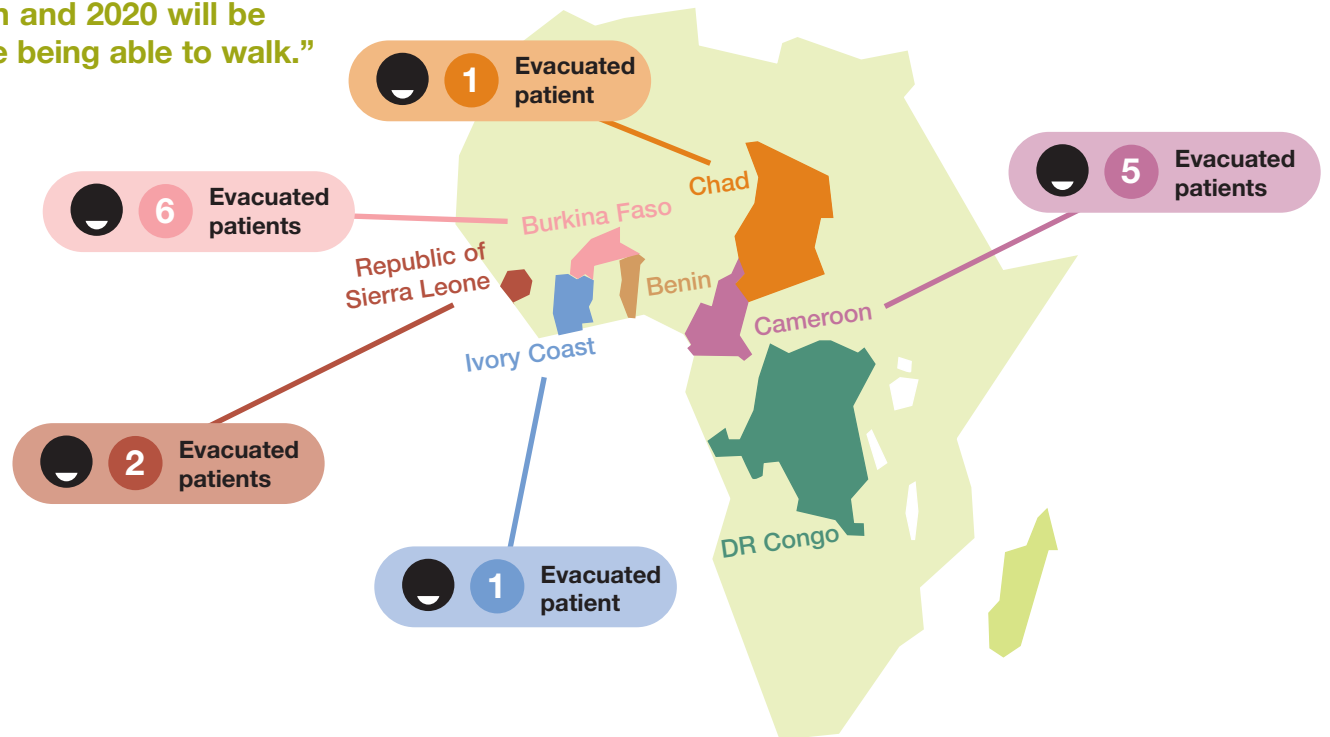
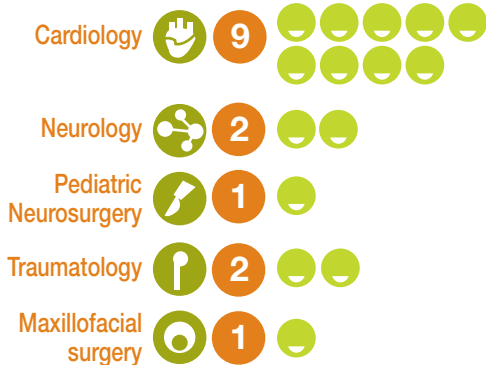
**8**  
Accompanying  
volunteers



“Since 2008 I was suffering from chronic coxarthrosis and osteoporosis in both hips. I had a pain that made me prefer death. My only option was a 6,000,000 FCFA (9.000 euros) operation in Cameroon that I could not afford... But thanks to Recover I have been operated in Spain and 2020 will be the beginning of a new life being able to walk.”

Nina Ngnegnadju. Patient operated in Spain.

## Patients treated by speciality



# Training Courses

**118.647** euros  
**INVESTED**

- 3 Countries
- 20 Trainings courses
- 166 Trained professionals
- 154 Health training courses
- 12 Management training courses
- 1.442 Patients seen
- 38 Volunteers in the field



"I was immediately attracted to the Recover project: with the few resources there and by passing on knowledge, we improved the care of epileptic, stigmatised and abandoned patients. Recover is committed to training and that is always a great value."

Eva López, Partner and neurologist volunteer in Ivory Coast



# Telemedicine

**Cases by speciality**



"We are very grateful for this initiative, because it contributes to the updating of the knowledge of our health professionals, members of Health 2.0, for a better efficiency in our work. Thank you once again for this collaboration."

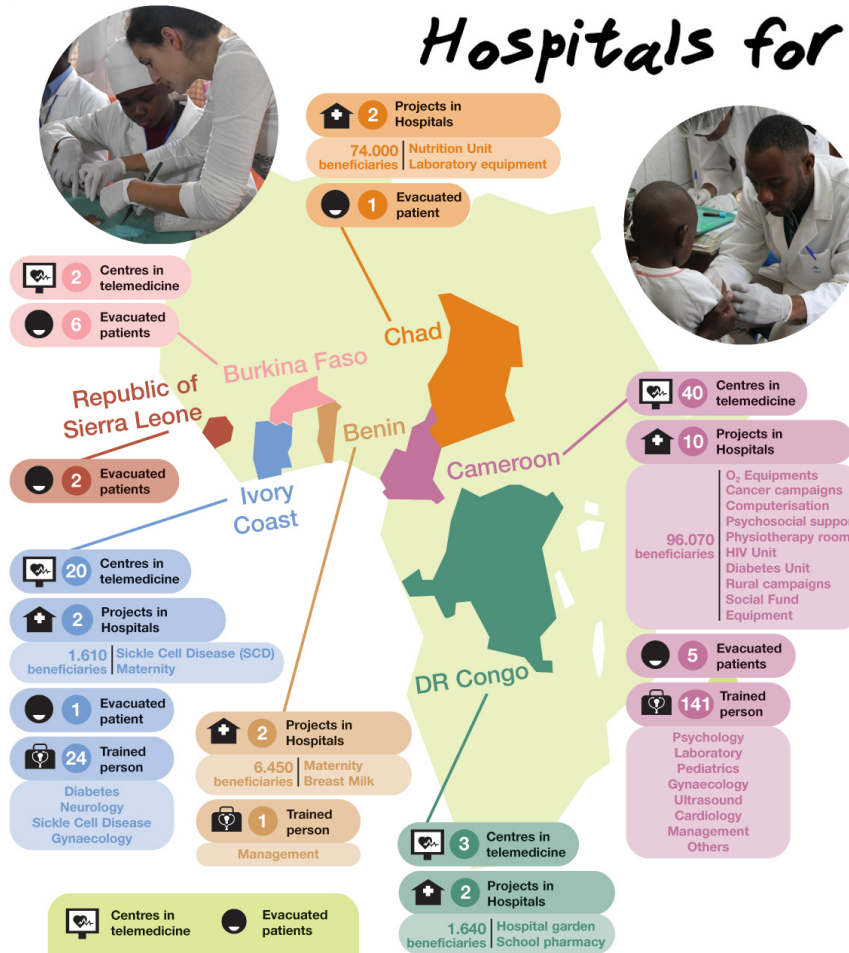
Dypamak, NGO in Cameroon.

**52.102** euros  
**INVESTED**

- 6 Countries
- 66 Connected medical centres
- 202 African users
- 53 Spanish volunteers
- 185 Uploaded cases
- 17 Specialities served
- 3 Awarded professionals
- 26 Post in the Media Library

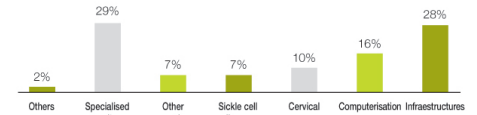
# Hospitals for Africa

**407.011** euros  
**INVESTED**



- 5 Countries
- 32 Projects
- 14 Supported medical centres
- 177.299 Patients seen
- 3.459 Deliveries attended
- 13.116 Prenatal consultations
- 194.325 Laboratory analyses
- 2.000 kg. Donated medicines
- 52.334 euros Value donated equipment

**Invested funds by projects**



"ICOMEM has collaborated with the donation of medical equipment for the health centre in Kpakpamé. It is a pleasure to see how your work promotes access to health care for a population in a situation of vulnerability."

Ricardo Angora, ICOMEN International Cooperation Office Spokesman.

# Patients in Spain

**215.913** euros  
**INVESTED**

**Patients treated by speciality**



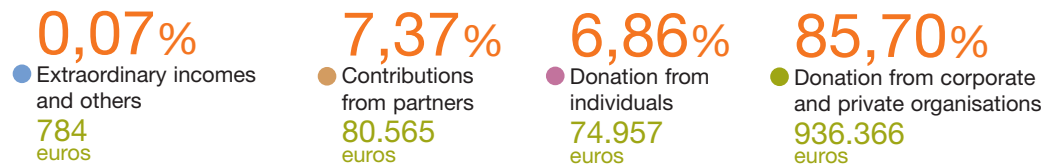
"Since 2008 I was suffering from chronic coxarthrosis and osteoporosis in both hips. I had a pain that made me prefer death. My only option was a 6,000,000 FCFA (9,000 euros) operation in Cameroon that I could not afford... But thanks to Recover I have been operated in Spain and 2020 will be the beginning of a new life being able to walk."

Nina Ngnegnadju, Patient operated in Spain.



- 5 Countries
- 8 Collaborating medical centres
- 15 Patients seen
- 166 Patients operated until 2019
- 4 Spanish hospitals
- 5 Specialities
- 9 Minors and young people
- 6 Adults
- 8 Accompanying volunteers

# Financial information



**2019**  
**Pending implementation result**  
**8.876**  
 euros

\* Final data pending completion of the financial audit process carried out by AUREN. The annual accounts will be available at [www.fundacionrecover.org/cuentas-anales](http://www.fundacionrecover.org/cuentas-anales).

## Transparency

Out of the total mission expenses, 15% has been allocated to the Training programme, 49% to the Hospitals programme, 26% to the Patients programme, 6% to the Health Telemedicine 2.0 programme and 4% to awareness.



# Partners

Thank you for making it possible

## Main collaborators



## Other collaborators

Asge Venmark  
Asociación Española de Fundaciones  
Clínica Baviera  
Clínica Dental Balmaseda y de la Llama  
Club de Campo Villa de Madrid  
Col·legi Oficial d'Infermeres i Infermers de Barcelona  
Colegio Oficial de Médicos de A Coruña  
Corricolari es Correr  
Nestlé  
Openbank  
Divisa iT  
EFTI

FENIN (Federación Española de Empresas de Tecnología Sanitaria)  
Fundación Juntos Mejor  
Fundación Misaldeas  
Fundación PONS  
Fundación Renta 4  
GNU Solidario  
Grupo Air France - KLM  
Harvard Club of Spain  
Hiperion Hotel Group  
Información Sin Fronteras  
Institución Benéfica del Sagrado Corazón de Jesús  
La Plataforma de la Construcción

Médicos Sin Fronteras  
Milanest Medical  
Montakit Fuenlabrada  
Orange Espagne  
Orona Fundazioa  
Parroquia de Santa Maria de Caná  
PRESURGY, SL  
Proclinic  
Psyna Ibérica  
Sage Group  
Securitas Direct España  
Sociedad Española de Diabetes  
ST Consultores Inmobiliarios, SL  
Universidad Autónoma de Madrid

## Thanks...

- To all the partners, volunteers and individual donors who make it possible for Fundación Recover to continue working to offer quality health care to all people in the countries in Africa where we are present.
- To all the religious congregations that collaborate with us both in Africa and in Spain.
- To all the centres and hospitals of the Quirónsalud Group and their professionals, as well as to the Fundación Quirónsalud.



## *New year, new challenge!*

In **2020** we would like to reach more than 200 trained African professionals, but we cannot do it alone. Become a member of Recover for **20** euros a month... **and let's make 20 the number of the change!**

### *How can you help?*

- **Account number:** ES43 0075 5977 8706 0533 3585
- **Website:** [www.fundacionrecover.org/hazte-socio](http://www.fundacionrecover.org/hazte-socio)
- **Telephone:** (+34) 91 411 09 68 - (+34) 91 049 67 31
- **Email:** [info@fundacionrecover.org](mailto:info@fundacionrecover.org)



Do you want more information about the projects we carry out?  
Don't forget to check out our website: [www.fundacionrecover.org](http://www.fundacionrecover.org)