

(re)designing the future



2016 Annual Report

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Fundación Recover
Hospitales para África

Hilarión Eslava, 27 Bis. 1ª planta, local 7
28015 Madrid
Tel.: +34 91 411 09 68
info@fundacionrecover.org
www.fundacionrecover.org

Coordination:
Chus de la Fuente

Editorial:
Katia Álvarez Charro

Text Review:
DEVA Comunicación financiera y sostenibilidad

Design and Layout:
Escriña Diseño Gráfico

Photographs:
Chema Caballero y Fundación Recover Hospitales para África. Images provided by volunteers.

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(re)designingthefuture



Letter from the Board of Directors

Dear Friends,

This year we wanted to present you with a different type of annual report. On this occasion of our **10th anniversary**, we would like to share with you some of the personal stories that have inspired and continue to inspire the projects of Fundacion Recover, Hospitales para Africa.

In these pages we wish to remember stories such as those of Michel Dayamba, a Burkinabe man whose life-saving heart surgery, performed in Albacete, has granted him a second chance at life; and of Emile, Patrice, and Madeleine, who, thanks to their training grants in Cameroon and Spain, are working to improve the health of thousands of people at the Hospital of Monavebe in Sangmelima.

These are only some of the faces and names that best describe the actions of Fundacion Recover during its first decade of life – accomplishments that wouldn't have been possible without the support of our partners, donors, and collaborators.

So that we may continue sharing such powerful real-life stories, and may continue our work thanks to all of you, we have ended 2016 by centering our attention on (re)-designing the direction and focus of every one of our projects – which, in reality, belong to everyone.

What has 2016 meant for Fundacion Recover, Hospitales para Africa?

- **Recover Hospital Network:** thanks to the positive results of our work with Cameroonian hospitals Saint Martin de Porres, Monavebe and Djunang, these centers are finally ready to continue their path on their own. All three possess the equipment, training,

and professionals that will allow them to work independently and sustainably from this point forward -- as demonstrated by the 86,000 patients treated in 2016. Fundacion Recover will stay connected to these centers and continue to monitor their progress, but now is the moment to look towards the future, strengthen other hospitals (Obout, Kribi, Bikop...) and begin work in other countries, such as Benin or the Ivory Coast.

- **Patient Program:** For many patients, treatment in their native country remains unattainable. A lack of technical resources, inadequate access to medications and a scarcity of qualified professionals means that our program of evacuating and treating African patients in Spain continues to be necessary. This year 14 people have benefitted from this program, now being the 120 total patients treated in the last 10 years.

- **Health 2.0:** this scientific cooperation network, woven among 18 African hospitals, is another project which has grown stronger in 2016, which saw the number of cases double in comparison to the year before. Health 2.0 allowed medical professionals to share 342 cases last year, and almost 700 during its 4 total years of activity. An interesting point to note is that this project has opened the door to the Ivory Coast, a country that offers great potential.

After a decade of work, the challenge continues. And from the Board of Directors of Fundacion Recover, we would like to thank all of you for accompanying us on this adventure -- for believing in the project, for your dedication and for your call to grow with us, contributing to **a system of high-quality, accessible, sustainable healthcare for all Africans**. Without each and every one of you (collaborators, partners, volunteers, health professionals...), it would be impossible to continue confronting this challenge.

We invite you to look through these pages and get to know in detail the projects which have made their mark throughout this intense year of 2016.

THANK YOU.

Board of Directors of Fundacion Recover, Hospitales para Africa.

01

Foundation Recover

What's happening in Africa?



6 In the majority of Africa, healthcare is by payment only, preventative care is lacking, and diagnoses come too late. This, in addition to hospital corruption and a scarcity of human and technical resources, demonstrates that our place of birth determines our lifelong health.

Subsaharan Africa experiences 24% of global health epidemics, yet possesses only

1% of the world's healthcare financing and 3% of its professionals.

With a 50% neonatal mortality rate and 10% mortality in children 5 & under, the African population is trapped in a permanent state of health emergency.

No one, anywhere, should be afraid of getting sick because of inability to pay for medical care. We are working to ensure that opportunities are not so imbalanced.

	People living on less than a dollar per day (%)	People with access to clean drinking water (%)	Total health spending (% of GDP)	Life expectancy at birth (both sexes)	Mortality rate in children 5 and under (for every 1.000 children born alive)	Known cases of malaria	Number of doctors (per 10.000 inhabitants)
Europe	N/D	98%	9%	76 years	1,2%	0	33,1
Africa	51,50%	66%	6,2%	58 years	9,5%	77 million	2,6

ODS Indicators pertaining to the 2 areas in which Fundacion Recover works.

Mission, vision, and values

At Fundación Recover, we believe that everyone has a right to a high-quality, accessible, forward-looking medical care.

We are working towards a model of sustainable healthcare in Africa, devoting special attention to the most disadvantaged groups of all. This is why, since 2007, we have been developing and supporting the management of non-profit hospitals throughout the region. Ensuring that they are able to meet the needs of the local population.

Some ways in which we work:

- **Hospitals, health centers and specialized units:** we are developing and implementing sustainable, scalable models of management and performance.
- **Working with local professionals:** we provide the information, training, and specialization necessary for both professional development and commitment to our proposed values.
- **People and patients:** we build trust by keeping them informed and treating them with both professionalism and proper resources.

Since the beginning, our values have been:

- **Professionalism:** regarding professional quality, teamwork and networks.
- **Sustainability:** strong projects and program management, designed to guarantee auto-nomy and avoid any type of dependence.

- **Trust and proximity:** with all of our interest groups: patients, local staff, counterparts, collaborators, partners, volunteers...

- **Transparency:** guarantee of integrity, honesty, information regarding procedures, performance and accountability.

With a team comprised of 10 people and a budget of more than 1.000.000 euros, our work is made possible due to the efforts and support of the volunteers and partners, as well as businesses and donors, who all, in various ways, drive our projects.

Business model

Public healthcare

- To have an impact on the public healthcare of the influenced areas.
- Training and awareness; health promotion.
- "Social fund" that allows access for the most vulnerable.

Economy

- Job creation.
- Implementation and use of technology.
- Self-management y sustainability.
- Effectiveness and efficiency.

Environment

- Actions designed to minimize effect on the environment.

02

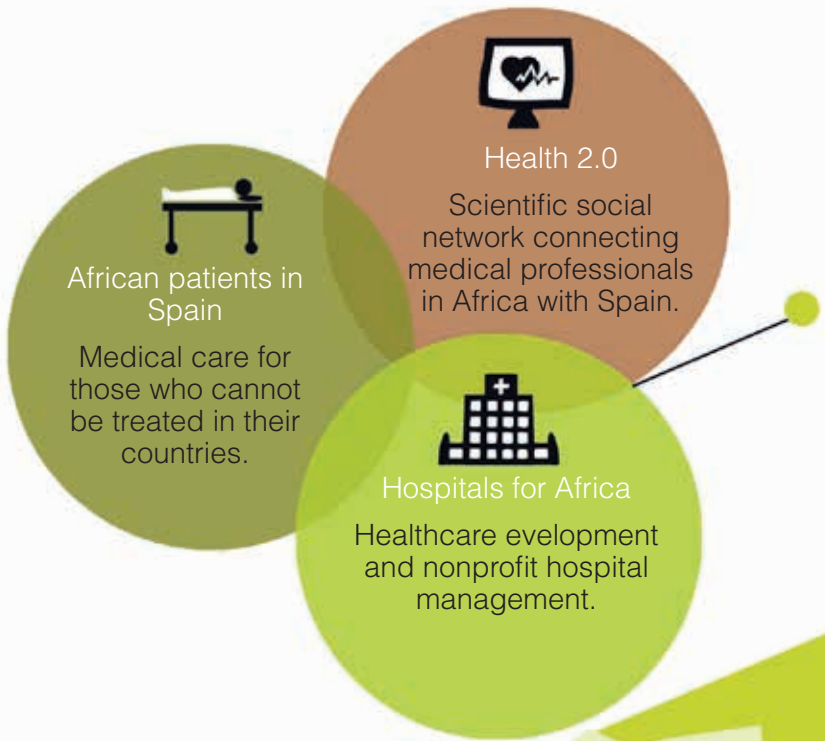
2016 Facts

Mission completed



8 Fundacion Recover works with great agents of change in order to develop the programs and projects that define our core ideas of performance and commitment. Little by little, our work is yielding a positive influence on the health and lives of Africans in the countries where it is most needed.

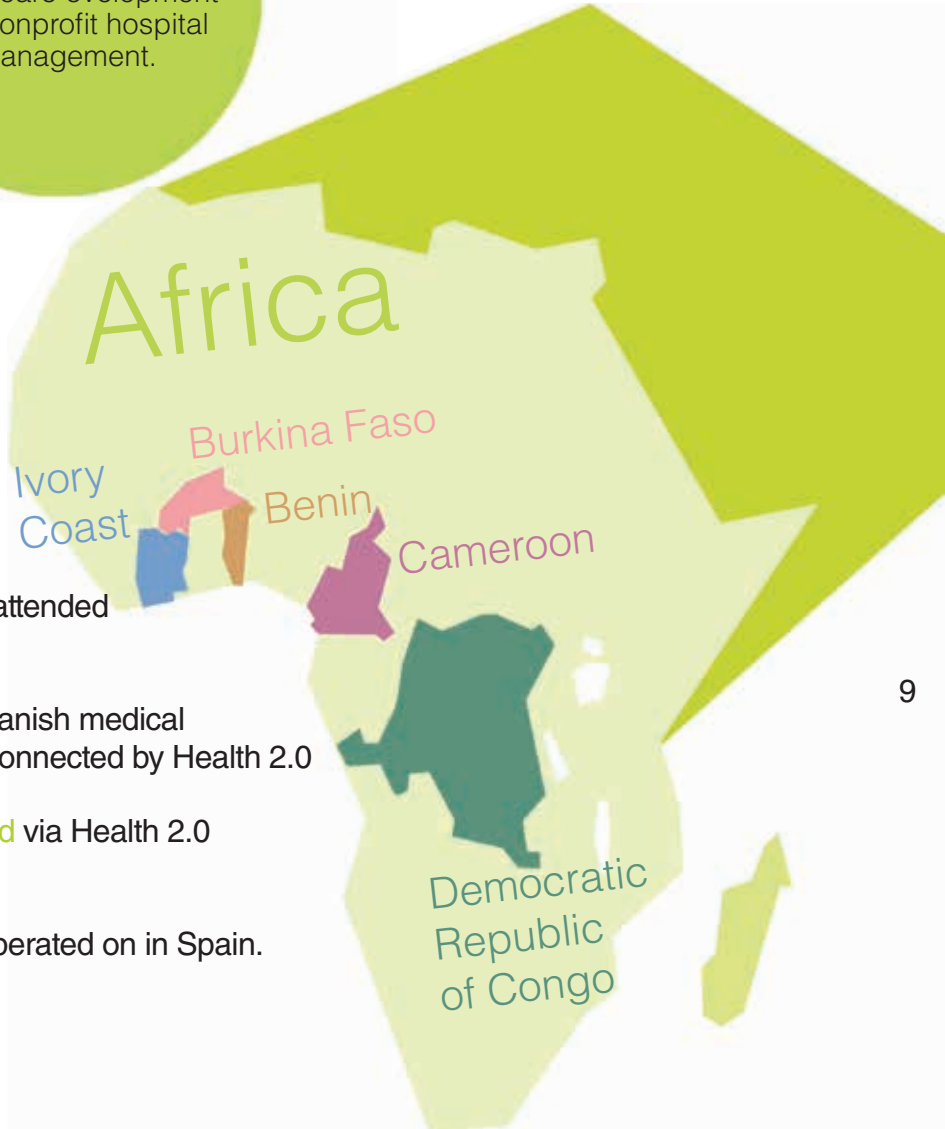
We are able to stay there, thanks to the partners, volunteers, and business entities that believe in us. And to the tireless work and professionalism of our counterparts on the ground, who experience every day the lives of the most vulnerable.



Our Programs

The countries where we work

-  **26** hospitals and health centers
-  **86.000** patients attended
-  **151** African and Spanish medical professionals connected by Health 2.0
-  **342** cases consulted via Health 2.0
-  **14** African patients operated on in Spain.
-  **13** training grants



03

Hospitals for Africa

Designing the future



10 After 10 years of intensive work, the goal of the Fundacion is, in the medium term, to ease the level of collaboration with the 3 African hospitals with which we have worked most closely since the beginning. They now possess the staff, infrastructure, and local reputation necessary in order to continue their work autonomously.

Their future doesn't entail a complete severance, but rather the transition into a new stage of collaboration, which will continue to be defined throughout 2017.

To this end, in 2016 we began to establish the basis of a new relationship, and propose that 2017 be dedicated to more active collaboration efforts with other African health centers.

Saint Martin of Porres Dominican Hospital, Yaoundé (Cameroon)

Located in the outskirts of Yaoundé, the Cameroonian capital (pop. 2 million+), managed by Dominican Sisters, this has been the Fundacion's first major project from the beginning.

Today, the Saint Martin of Porres Hospital is experiencing a period of great strength, at both the medical and management levels, and is a point of reference for the whole country. During this time, it has gone from attending 4,287 patients per year to 61,652 in 2016, and has increased its workforce to 141 employees. In addition, its growth has allowed the implementation of advanced health projects such as cervix cancer detection campaigns, diabetes care, and HIV/AIDS treatment. Soon it will become a training and specialization center for Cameroonian medical professionals.

2016 Projects

Cervix cancer:

We can detect it in time

Although Human Papilloma Virus (HPV) is easily detected and treated, in Africa it still causes 68,000 deaths per year. Due to the lack of resources and information, diagnoses often arrive too late and many women end up dying unnecessarily.



Saint Martin of Porres Hospital Center

61.652	52.179	167	9.473	53	158
Patients	Doctor appointments	Appointments/day	Patients hospitalized	Beds	Employees

In 2016 we supported 4 prevention, awareness, and detection campaigns, in which 293 women between 15 and 75 years old were attended. Of these, 25% tested positive for HPV and were able to be properly treated.

Diabetes: a controllable ghost in Africa

In wealthy countries, diabetes rarely threatens the lives of affected persons, but in low-income countries, more than 80% of diabetics will die from this illness.

In 2015 we put into motion the creation of a new unit specializing in the diagnosis, monitoring and treatment of diabetic patients. During its second year of activity, a total of 250 patients have been treated, demonstrating a 130% increase since its opening.

Can you imagine a hospital without water?

At Saint Martin of Porres Hospital, neither the quantity nor quality of drinking water was assured, and at certain times of the year, both the hospital and its patients suffered from a complete water shortage.



This was the project with which Fundacion Recover was born. Since then, it has grown from attending 4,287 patients per year to 61,652 in 2016, while increasing its staff to 141 employees.





In 2016, more than 50,000 patients received consultations at the Center. Having the capability to perform lab exams is crucial to timely diagnoses and prevention.

2 years ago, a project of infrastructure expansion was drawn up. In 2016, following recommendations, drilling commenced and an electric water pump was installed in order to obtain high-quality subterranean water, which would now serve as the center's main source of potable water.

HIV: A Better Life is Possible

In sub-Saharan Africa, 1 in 20 adults is infected with HIV, but more than 16 million have no access to antiretroviral medications.

This project, which began in 2014, aims to offer financial support to low-income patients, especially pregnant women, so that they may access treatment and medications. In 2016, approximately 160 low-income patients were treated, in particular pregnant women and children.

2016 Training Grants

The training of local hospital staff is a critical and greatly-contributing factor in the sustainability and self-management of the center.

Despite its increased level of growth, the hospital continues to need support in this area. Our grants have allowed Dine, Prudence, Gustave and Martin to receive training in various specialties; in addition, Lea and Djeukam have been able to travel to Spain for training in pediatric nursing and oncology.



“After 10 weeks of training, I can say that I consider myself privileged, since I have been able to acquire new knowledge that will allow me to provide qualified attention in the field of ophthalmology.”

Huguette Manfo, general doctor and emergency ophthalmologist at Hospital Saint Dominique in the rural area of Djunang. Thanks to the grant from Renta 4, she spent two and a half months at the Barraquer Clinic and Institute in Barcelona being trained in ophthalmologic emergencies, clinical optometry, cataract surgery, and glaucoma treatment.

Saint Dominique of Djunang Medical Center (Cameroon)

Located in a rural area 6 kilometers from Bafoussam, the third most-populated city in Cameroon, the building remained abandoned until the arrival of Recover. In 2008, the Congregation of the Dominican Sisters of the Anunciata signed an agreement with Fundacion Recover to co-manage the center, which re-opened in 2009.

And so began an intense process of coordination, fieldwork, and fundraising in Spain. The hospital was soon finished at an infrastructural level, but a final push was necessary regarding organization and coordination.

A local consultant was placed in charge of development and launched both a Human Resources Plan and a Strategic Plan, without a doubt the year's most significant development and sustainability project. In the end, 2016 saw 7,083 patients attended at this hospital.

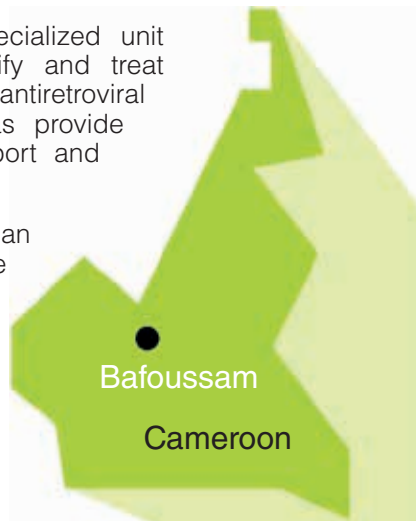
2016 Projects

AIDS vs. LIFE

We created a specialized unit designed to identify and treat patients in need of antiretroviral therapy, as well as provide psychological support and health education.

In 2016, an appropriate space was remodeled to house the unit and prepared with basic equipment.

In addition, staff was trained in the use of lab



equipment, supported by a Spanish volunteer nurse and rotations of senior hospital staff. Finally, a campaign of awareness, early detection and our new service was undertaken, tied in with World AIDS Day.

A ray of light bringing health to Cameroon

Daily problems with the power supply complicate the job, with outages or surges that affect patient care and can put at risk both their and the staff's wellbeing.

The goal of the project is to improve the efficiency and efficacy of the hospital's electricity by rehabilitating the current photovoltaic system in order to guarantee power in key areas, such as the laboratory, pharmacy and the operating room, therefore providing greater assurances of care. In 2016 we acquired and installed a 12V and 30a solar charger, an inverter of 12V and 1500W, 10 batteries of 12V and 120AH and a new fuse box and cable wiring.



A strong recuperation effort was able to complete the hospital at an infrastructure level, but there still remained a final push necessary at the organizational and human resources levels.

Saint Dominique of Djunang Medical Center

7.083	6.437	21	646	52	30
Patients	Doctor appointments	Appointments/day	Patients hospitalized	Beds	Employees





In 2016 Saint Dominique examined more than 6,000 patients. The Social Services Office provides financial assistance to the lowest-income patients. And from Spain fundraising efforts have been made to finance the most serious cases.

Cooperating to provide safe surgery

The Hospital of Djunang possesses an operating room fitted with basic equipment, as well as a qualified surgeon. Nevertheless, at the beginning of the year there remained a lack of certain necessities for safe surgery and part of the equipment was obsolete, creating a risk for patients.

This comprehensive project covers all aspects, from the remodeling of the operating room and renovation of obsolete equipment, to the specialized training of medical professionals involved in this unit, through volunteer surgical campaigns and anesthesiology study grants.

The training and specialization of medical and managerial staff are priorities.



The training and specialization of medical and managerial staff are priorities.

Social service

The goal of this service is to provide loans to low-income patients, unable to pay the required hospital minimum, so that they may be attended at those we work with.

In 2016, the Office of Social Services' coverage continued, and their financial monitoring improved. One of the year's most affecting cases has been Rodrigue, a young Cameroonian that suffered serious burns during a session with a healer, for which his hand finally had to be amputated. Through Recover, and with the assistance of Juan Rey, a solidary runner, he was able to acquire the prosthesis that he needed.

Training grants in 2016

In 2016, Dr. Desiré completed his fourth and final year of OB/GYN specialty training in Benin, and Dr. Michel completed his second and final year of anesthesia training in Yaunde. Both have since been reinstated as specialists at the hospital in Djunang.

In addition, Dr. Huguette Manfo was able to benefit from two and a half months of ophthalmology training at the Barraguer Clinic, Dr. Christine Kenmenge in dentistry at the Puche Lazaro Clinic, and laboratory technician Justin Taffe, from one month at the blood bank of San Martin de Porres Hospital.

Monavebe Hospital, Sangmelima (Cameroon)

Located in the south of Cameroon and managed by the Diocese of Sangmelima, it provides its services to a population of roughly 200,000 people. In 2010 it reopened its doors after an intensive 1-year rehabilitation, and today has two operating areas.

Monavebe Hospital is currently quite strong in terms of health services, but still required assistance in hospital its management sector in order to complete its development. In 2016 we focused on the support and consolidation of already-existing services. Since the moment it opened its doors there has been very positive evolution, as it has grown from being a totally inactive health center to being capable of attending more than 8,000 patients, with a staff of 36 professionals.



Strengthening radiology services

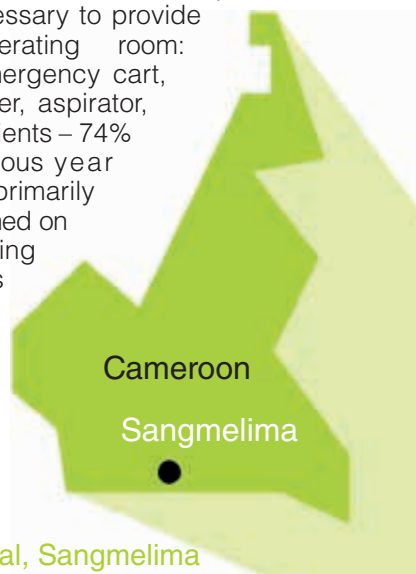
In Sangmelima there is only one other hospital with an X-ray machine, which is often broken. This is why, in 2015, Recover contributed to the opening of a new radiology department in the hospital.

This second year, since in possession of the necessary equipment, facilities and staff, it is necessary to begin driving its operation. To that end, a promotional campaign was undertaken, establishing a policy of reduced prices.

2016 Projects

Operating safely

The implementation of safe operating procedures has continued in 2016, with the acquisition of the equipment necessary to provide a fully-fitted operating room: anesthesia unit, emergency cart, defibrillator, nebulizer, aspirator, etc. A total of 92 patients – 74% more than the previous year – were treated, primarily Caseareans performed on women experiencing complications during childbirth.



A year of consolidation.

In 2010 it reopened its doors after an intensive 1-year rehabilitation, and today possesses two operating areas.

Monavebe Hospital, Sangmelima

8.280	6.639	21	1.641	26	36
Patients	Doctor appointments	Appointments/day	Patients hospitalized	Beds	Employees



¿Can you imagine a hospital without water?

Monavebe Hospital, like Saint Martin of Porres, used to suffer from periods of complete water shortages.

In previous years, various studies were performed regarding the environmental state of the hospital and its surroundings, and in 2016 we were able to launch a project to increase its water supply through the use of tanks, filters, electric pumps, etc, in order to guarantee its availability in the hospital.

Where nobody arrives

In the rural Sangmelima district, there are 80,000 residents but only two ambulances, one of which was acquired by Recover in 2015. It enables the transfer of emergency patients, but some improvements were necessary, as well as an equipment expansion.



Monavebe's water tank, guaranteeing a potable water supply.



New space and equipment for the physiotherapy department.

In 2016, the remaining necessities were purchased: a vital signs monitor, fire extinguishers, mass flow sensor, and humidifiers. The transfers could now be done safely, providing assistance to rural campaigns such as the six completed this year, in which 900 people, primarily students and pregnant women, were attended.

Strengthening the physiotherapy department

In previous years Fundacion Recover had provided physiotherapy training in Spain to the department head, and had sent volunteers to the site to help facilitate its use. However, despite these measures, there still remained the need for new equipment.

In 2016, hospital space was reallocated in order to house an adequate, fully-equipped physiotherapy room.

Training grants in 2016

One trained professional = thousands of attended patients

In 2016 we financed Emilie's management and administration training in Cameroon, and in Spain, the training of both Patrice in hypertension crisis care and Madeleine in operative care.

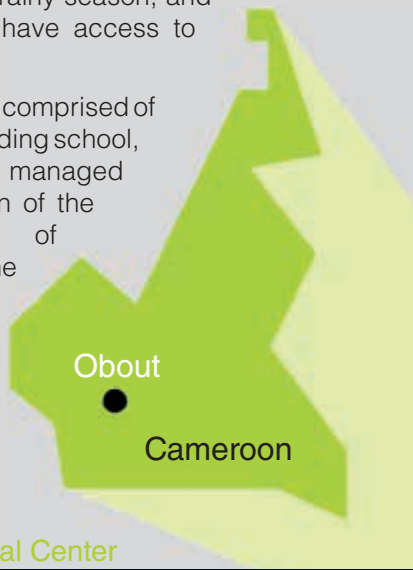
King Christ Medical Center, About (Cameroon)



About is a small village in the middle of Cameroon, about 40 kilometers south of the capital, Yaounde, in a rural area lacking in both infrastructure and general services. There is only one road into the community, often flooded and impenetrable in the rainy season, and very few residents have access to drinkable water.

The About mission is comprised of a high school, a boarding school, and a dispensary managed by the Congregation of the Dominican Sisters of Granada. After the opening of the clinic in 2014 revealed the local need for an established

health center, we responded by contributing to its rehabilitation, which currently attends more than 5,000 patients per year.



A Project with a strong future. The opening of the clinic in 2014 revealed the local need for an established health center.

King Christ Medical Center

5.234	436	63	618	4	17
Patients	Appointments/ month	EKGs/ month	Lab exams/ month	Major surgeries/month	Deliveries/ month



2016 Projects

Pharmacy Improvement

Our goal was to satisfy the needs of the local community for pharmaceutical access.

The Project focused on improving both logistics and management, and providing the necessary training to pharmacy managers and staff.

A Pharmacology Committee was created, as well as a guide and operation protocol for this service.

Purchase of a portable EKG scanner

Faced with the unstoppable growth of the clinic, now handling almost 500 consultations monthly, we responded by investing in a portable EKG scanner, critical to the monitoring of pregnant women, performing an average of 60 EKGs per month.

New Hematology equipment

The provision of new equipment is crucial to the Center's ability to provide strong diagnostic care to the local community, who would otherwise have to travel great distances in order to receive this service. With this acquisition, the laboratory was ready, and now performs around 600 exams per month



Access to medication is one of the community's most serious deficiencies.



Designing the future

Since last year, About has proven to be one of our strongest and most promising projects within the Hospitals for Africa program. Fundacion Recover has designed an Action Plan for the next three years with operations on three crucial fronts: infrastructure, equipment, and training.

According to this plan, with the center functioning well and our look firmly towards 2017, our immediate actions focus on the construction of an operating room, a laboratory, a staff room and two administrative offices. In addition, we plan to provide the showers and restrooms that will improve the Center's sanitation and allow the installation of both a canteen and a laundry room, and stock the clinic with medical equipment: a surgical lamp, vital sign monitor, oxygen canister, biochemical exam devices, and so on.

As part of the Center's future design, the entrance will be paved with a flood-preventing material, and two parking spaces will be allotted for the Mission's vehicles, allowing rapid access for emergency patients unable to reach the front door on their own.

Bikop Health Center (Cameroon)

The Bikop Catholic Mission is made up of a high school and a health center, located in the southern Cameroonian jungle and managed by the Slaves of the Sacred Heart of Jesus. In 2011 we began collaborating with this center via a dentistry campaign.

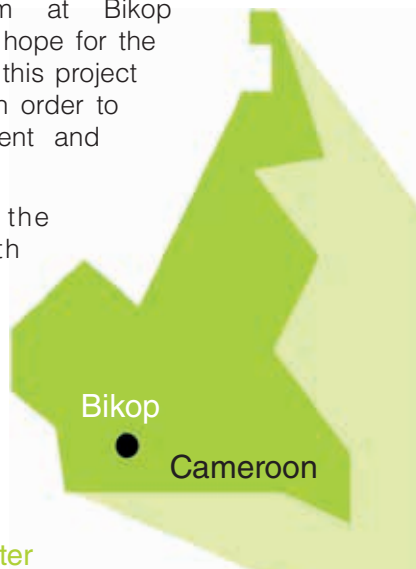
Since 2012 it has also been connected to volunteer medical specialists through our program Health 2.0. In 2016, in addition to reinforcing our collaboration, we addressed the future computerization of medical activity in order to become more efficient.

2016 Projects

Computerization project

The product of a strategic collaboration with the ONG GNU Solidario, whose mission is to create access to health and education through free software, this pilot project has implemented the GNU Health hospital management and health information system at Bikop Health Center. Our hope for the future is to expand this project to other hospitals in order to improve management and information access.

In addition to the collaboration with GNU Solidario, we hired Raoul Tabai, a local IT expert with knowledge of this



software, to design and develop the Project. In 2016, he visited the center and prepared an initial diagnostic report of the available volume and infrastructure, from which he has determined the necessary units and equipment and created technical specifications. The project will continue its implementation in 2017.

A new electric generator

In early November, due to a hurricane in Bikop, an enormous tree was uprooted and fell on the booth housing the electric generator. The generator was destroyed, leaving the entire mission, including the medical center, without power.

Given the location of the mission, in pure jungle, a new generator was urgently needed, and so we contributed in part to its financing.

Dentistry Campaign

In December we developed a dentistry campaign led by volunteer Emilio Martinez de la Llama, assisted by a team of new and veteran volunteers. The team spent a day performing consultations at Monavebe Hospital; in the future, this campaign will be carried out at both hospitals.



Collaboration 2.0.

Since 2012 doctors have been connected to Spanish medical specialists through the Health 2.0 program.

Bikop Health Center

12.788	12.088	337	25.095	22	20
Patients	Doctor appointments	Patients hospitalized	Laboratory exams	Beds	Employees



Monaco Health Center, Bouaflé (Ivory Coast)

At the end of 2015, this clinic in Bouaflé, located one hour away from the political capital Yamoussoukro and managed by the Congregation of the Dominicans of the Anunciata, was chosen for a new long-term collaboration.

In 2016 this new collaboration was kicked off. We have developed a Working Plan, the execution of which will begin in 2017. This past year saw the clear organization of rural health campaigns in various regional villages, as well as the acquisition of basic equipment and the implementation of data tracking, in order to better monitor the center's activity and establish the bases of good management.

2016 Projects

New acquisitions

Because the equipment was too basic for this small health center to grow, Recover helped to finance the acquisition of an EKG scanner with printer, gauge, and accessories, a fetal Doppler, an inverter and a tension regulator.

Monitoring

We have begun to track the center's activity through basic monthly reports, which show steady patient growth. At the end of 2016 this figure hovered around 700 consultations per month.



Monaco Health Center

12.258	9.910	2	9
Patients	Doctor appointments	Observation beds	Employees



The Bouaflé clinic has now attended more than 9,000 patients.



We have arrived to the Ivory Coast. In 2016 we began to organize rural health campaigns in various villages throughout the region.



Medication Purchasing Center (Cameroon)

In 2014 a “cooperative” of congregations was formed in Cameroon in order to organize medication purchases. By buying wholesale, they have been able to receive the lowest prices, reduce logistical prices, avoid stock shortages, etc. This co-op is named EDISA (Ensemble pour le développement intégral des Soins accessibles) and was launched with the support of Fundación Recover, which has been providing financial assistance in order to facilitate medication purchases.



Currently there are some 40 congregations in EDISA, with a potential of 250 throughout the country. The goal isn't to replace the existing framework, which is also necessary for Cameroonian healthcare to function, but rather to offer a viable alternative that can improve service and reduce prices, making them more accessible to the people of Cameroon.

2016 Projects

Volunteer Support

In order to review existing protocols and design the future project, two volunteer specialists were sent to the center, in collaboration with



Since 2015, Fundación Recover has been supporting this cooperative, which optimizes the purchase and distribution of medications.

Pharmacists Without Borders. A small financial donation was also provided to support the operation of the medication bank.

Goal: Self-sufficiency

In 2016, a significant amount of donated medication was acquired in order to be sent in a container in 2017. The goal is that profits from the sale of this first shipment will lead EDISA to become financially self-sufficient.



Currently there are some 40 congregations in EDISA, with a potential of 250 throughout the country.

Collaborations with a future

Anti-malaria grants at Jesus Maria schools of Simbock and Mendong

Place: Yaoundé, Cameroon

Counterpart: Nuns of Jesús María

Period of collaboration: from 2013 until now

Project:

After our 2013 pediatric campaigns, we detected a need for student support. With our anti-malaria grant program, we are able to offer free anti-malarial treatment to kids between ages 3 and 6.

Thanks to volunteer mobilization through micro-donations, we successfully acquired the funds necessary to treat more than 140 cases of malaria in 2016. Most importantly, as we were able to detect and treat these cases in time, the students did not have to miss any class time due to illness.



Nkolondom Health Center

Place: Yaoundé, Cameroon

Counterpart: Nuns of San José of Girona

Collaboration period: from 2011 until now

Project: Treatment of vertically-transmitted HIV/AIDS

We worked with the DREAM program, whose goal is to prevent HIV+ mothers from infecting their babies during pregnancy or lactation.

The program's global focus is an AIDS treatment combining prevention and pharmacological therapy. The results obtained thanks to this free program have been truly excellent. In 2015 we were already supporting the prenatal care department through the purchase of two

dopplers in order to improve diagnostic testing for pregnant women and their babies, and the lab department through the provision of a new microscope. In 2016 the collaboration continued, through the gift of maternity equipment including a delivery table and six cradles.

Kanzenze General Reference Hospital

Place: Democratic Republic of Congo

Counterpart: Congregation of the Sisters of Purity of Maria

Period of collaboration: from 2011 until now

Project:

The congregation has been working in the country since the 1980s. Recover has already supported them in the rehabilitation of the operating wing, and with provision of basic hospital materials, as well as in electrical upgrading in the pediatric



and emergency departments. In addition, the center was furnished with individual protective equipment in order to prevent potential cases of Ebola.

Last year, we undertook the rehabilitation of a water well plus a pump and channel system for the hospital, as well as the rehabilitation of the pediatric area, a laundry room, and a sterilization area.

Hospital of the Redeemer

Place: Dangbo, Benin

Counterpart: Infancy and Surgery Association of Dangbo

Period of collaboration: 2016

Project: Acquisition of an autoclave for the operating room

Ebot-Nkout Catholic Health Center

Place: Cameroon

Counterpart: Diocese of Sangmelima

Period de collaboration: 2015-2016

Project: Assistance with center rehabilitation



Project team in the building that will house the Health Center.

Insolàfrica Integrated Health Center, Kribi

Place: Cameroon

Counterpart: Insolàfrica

Period of collaboration:

2016-2017

Project: Launch of an integrated health center en Kribi

This Project aims to strengthen the health system in the Cameroonian region of l'Océan, keeping in mind the data on morbimortality and prevalence of chronic illnesses in this part of Cameroon. Fundacion Recover collaborates with Insolàfrica, which offers assistance and chronic illness monitoring in the examination room, as well as at-home care for terminal patients. It promotes community health among the population, in order to provide them with knowledge regarding health management and illness prevention.



Guardian Angel Public Health Center

Place: Abobo (Abidjan), Ivory Coast

Counterpart: Sisters of the Guardian Angel

Period of collaboration: 2015-2016

Project: Support of the maternity department through provision of an EKG scanner

Saint Rosaire of Mbalmayo Hospital

Place: Cameroon

Counterpart: Servants of the Sacred Heart of Maria

Period of collaboration: 2016

Project: Blood bank launch

Adama Hospital General

Place: Ethiopia

Counterpart: Carnation Foundation

Period of collaboration: 2016-2017

Project: Support the creation of a new neurosurgery unit

Mother Theresa Titos School Complex

Place: Democratic Republic of the Congo

Counterpart: Dominicans de Granada Congregation

Period of collaboration: 2016-2017

Project: Creation of a school pharmacy

Isiro Health Center

Place: Democratic Republic of the Congo

Counterpart: Dominicans de Granada Congregation

Period of collaboration: 2016-2017

Project: Acquisition of a portable EKG machine and biochemical devices

Kpakpame Clinic

Place: Benin

Counterpart:

Dominican Congregation of the Anunciata

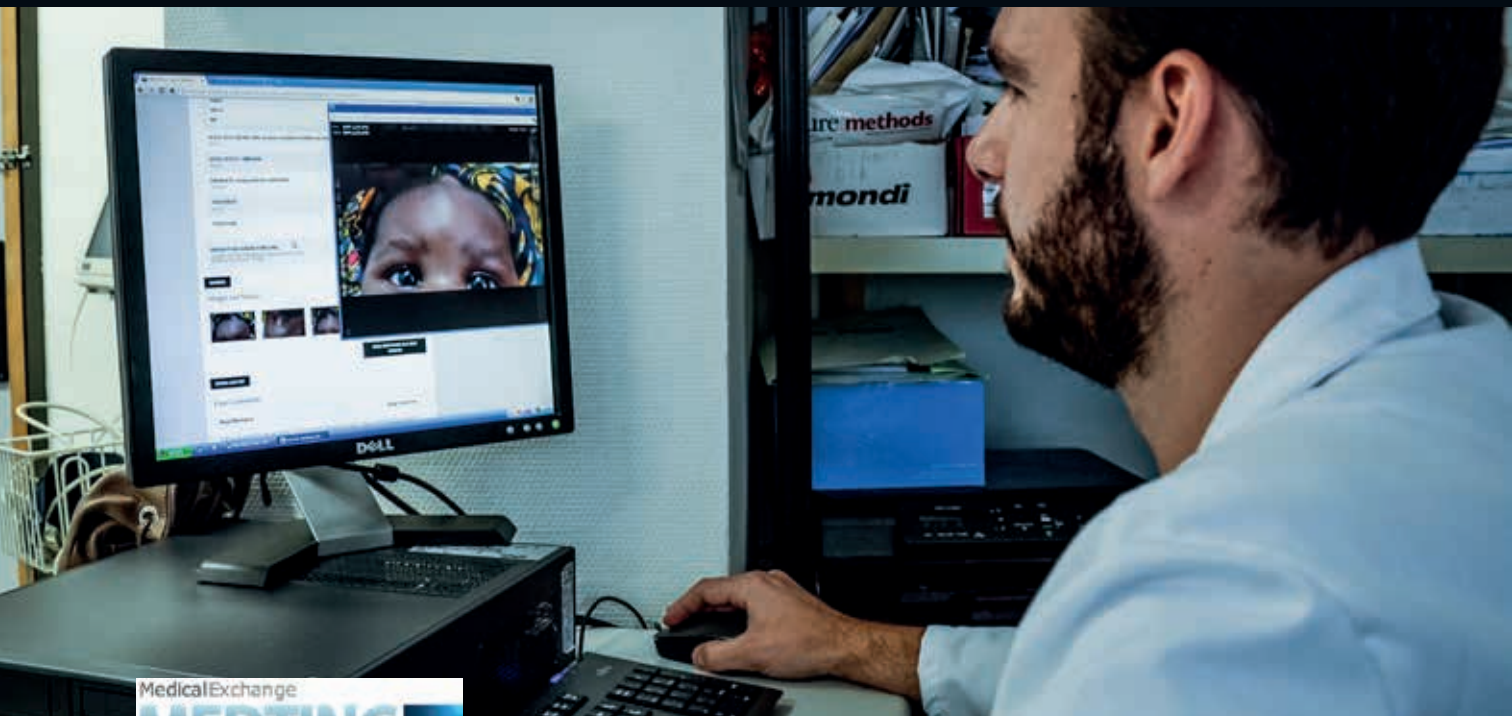
Period of collaboration: 2016-2017 **Project:** Acquisition of basic exam equipment



04

Health 2.0 Program

A year of expansion



2016 has been an interesting year in the expansion of our Health 2.0 program. It began in 2013 as an innovative response to the request for help from African doctors regarding complex cases. Since then, it has been connecting doctors in Africa with Spanish medical specialists that volunteer over the Internet through a scientific social network called Medting.

Due to the interest and commitment of professionals and hospitals in Cameroon, the proposed goal for 2016 was to escalate the program, therefore reaching more hospitals, more doctors, and more countries. We have managed to double the number of cases compared to 2015 and seen each hospital introducing more and more users into the program. This has also been the year in which we brought the program to the Ivory Coast.

2016 Achievements

•A total of 18 hospitals in RED – 8 more than in 2015 – from 3 African countries:

Cameroon: Incorporation of five new centers in the Western region and 2 clinics, one in Yaounde and the other in the south.

Ivory Coast: incorporation of a hospital and, recently, four university professors willing to collaborate. A new form of telemedicine: from Africa for Africa.

RD Congo: strengthening of the work at Kanzenze Hospital.

•A total of 342 cases regarding African patients, in which almost 90 professionals from both continents have interacted.

•Dispatch of 30 computers to Cameroon and 10 to the Ivory Coast, necessary for case creation into the online platform.

•Selection of training grant winners in Spain and Africa, which will be carried out in 2017.

•Incorporation of nine volunteer specialists in Spain – bringing the total to 43 – highly-motivated and engaged.

•Creation in the Medting platform of groups specializing in epilepsy, cardiology tests and HIV.

•Meeting of Health 2.0 professionals in western Cameroon, with the visit of three Spanish volunteers to seven local hospitals in the framework of a neuro-cooperation and internal medicine project, in which a total of 375 patients were seen.

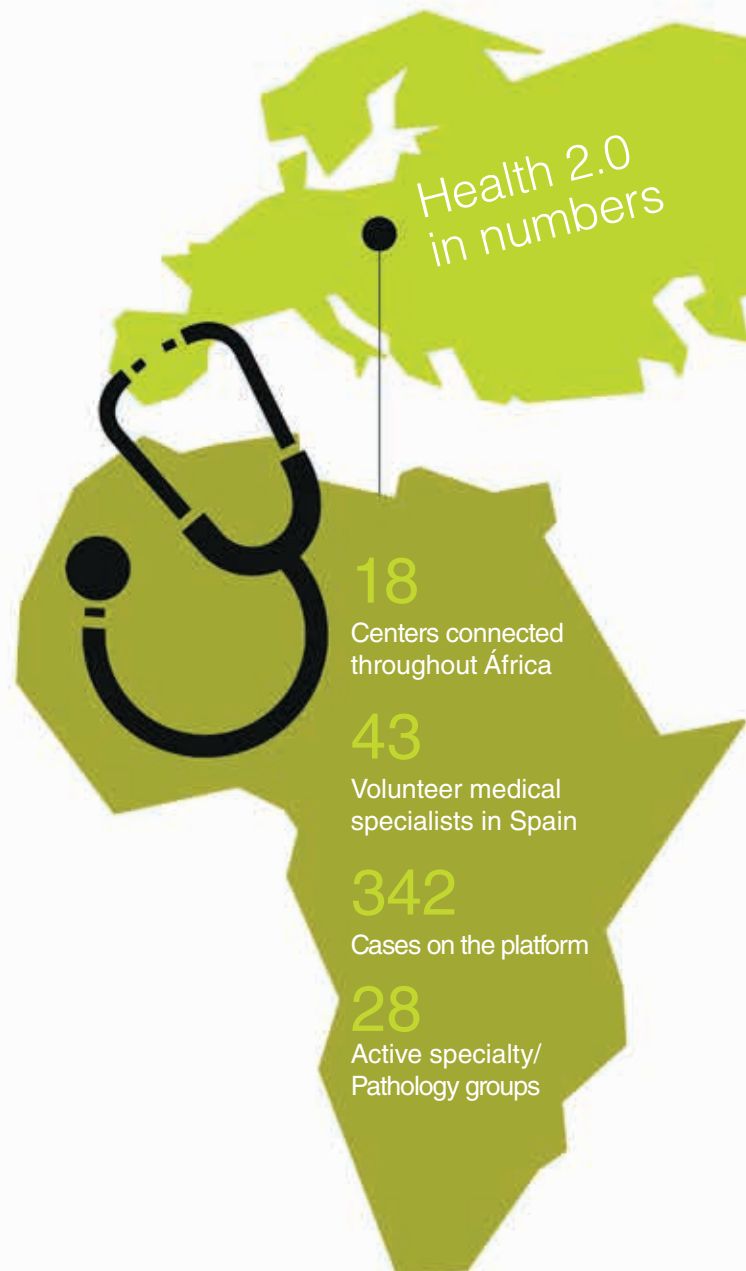
2016 Awards

•ANESVAD first prize in Innovación.

•Named one of the “100 Best Ideas” in the publication Actualidad Economica of Expansion.

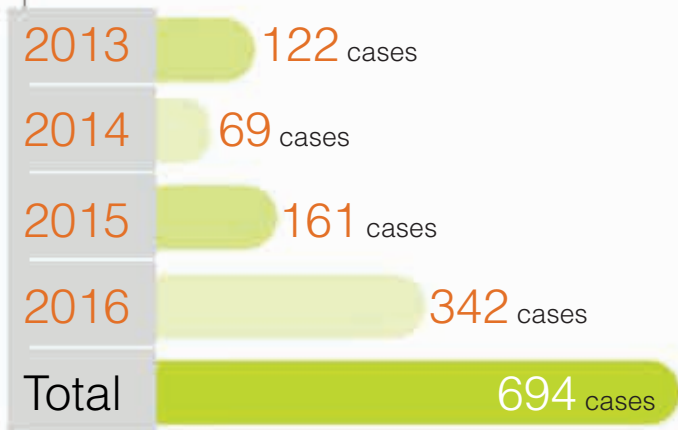
Designing the future

In 2017, in addition to maintaining and improving the activities of the Cameroonian hospitals and looking towards the Ivory Coast, we will join efforts to break ground in another country, possibly Burkina Faso, where the work of Fundacion Recover is recognized due to the evacuation of heart patients to Spain.



Health 2.0 Program

Case evolution in 4 years of the program



“

To be able to share cases with colleagues, that practice our profession in less favorable circumstances than ours, is without a doubt enriching on both sides. My experience in Cameroon confirms that the telemedicine program keeps us united in spite of the distance and encourages us to learn from the other and share experiences that can benefit everyone.

27

Irene García Morales, neurologist (Epilepsy Unit, Neurology Department, San Carlos Clinical Hospital and Epilepsy Program, Neurology Department, Ruber International Hospital) and Health 2.0 volunteer.

05

African Patients in Spain

Reactivated project



28

Since 2007, thanks to the Patient Treatment Program in Spain, we have been able to provide a better life to 120 sick people in need of treatment, with procedures that could not be performed in their native countries.

In 2016, after a long hiatus due to the Ebola epidemic in Africa, we proposed to transport the patients that had been on the waiting list, reaching collaboration agreements with new health centers in Spain.

2016 Achievements

- A total of 14 new African patients operated on in Spain: 8 in cardiology and 6 in other specializations.
- Expansion of the network of collaborating hospitals in Spain: a total of 5 hospitals have received African patients on behalf of Fundacion Recover.
- Signing of a collaboration agreement with Social Services of Alcorcon, which will provide for volunteers to accompany and assist patients treated at Hospital Quirónsalud South (Alcorcon).
- Prompt collaboration with the Exchange and Development Assistance Association (AIDA).

The patient program would not have been possible without the help of Quirónsalud, partner to Fundacion Recover from the beginning.

Designing the future

In 2017, in addition to continuing to expand the collaborative hospital network in Spain, we plan to open a cardiology unit in Saint Camille of Ouagadougou Hospital (Burkina Faso) for the selection of future cardiology patients to transport.



Talato and Judith at Quirónsalud Hospital in Albacete.



“ Ever since I was young, I knew I wasn't as strong as other boys my age. As an adult I learned that I suffered from a cardiac irregularity, but in my home country of Burkina Faso, the illness couldn't be treated. It was Fundacion Recover who covered everything so that I could be operated in Albacete on April 18, 2016. My deepest thanks to the Fundacion for giving me this new opportunity for a healthy life.

Michel Dayamba, Burkinabe patient operated on in Spain. Michel was one of the 14 patients that Fundacion Recover transferred to Spain in 2016 for treatment

06

Financial Information

The 2016 annual accounts of Fundación Recover, Hospitales para África have been audited by Deloitte.

The financial statements and their corresponding reports can be found at: www.fundacionrecover.org/memoria-economica-2016

At the end of 2016, Fundacion Lealtad awarded us with the Accredited NGO Stamp after confirming that we complied with the 9 Principles of Transparency and Good Practices in management.



2016
revenue
1.053.396
euros

85,68%

Donations by
businesses and
private organizations

902.512
euros

6,38%

Partner contributions

67.154
euros

6,39%

Individual donations

67.290
euros

1,43%

Extraordinary
income

15.056
euros

0,12%

Financial income

1.383
euros



2016
expenses
1.091.022
euros

● 69,90%
Application of
resources to programs
762.611
euros

● 18,09%
General expenses
197.384
euros

● 11,25%
Fundraising and
communication
programs
122.762
euros

● 0,76%
Depreciation
8.266
euros

2016
Deficit
-37.627
euros

Of the total administrative and management expenses, 19% have been financed by the service providers. 31

Of the total professional expenses, 72% have been financed by the service providers.

The 2016 deficit resulted from an increase in fieldwork, being defrayed by the funds from former exercises earmarked for such.

07

Collaborative partners



Abac

“

The founding partners of Abac Capital signed an agreement with the Fundacion in 2016 to help finance its projects. The first donation covered staff training and equipment for a blood bank at Monavebe Hospital in Sangmelima, Cameroon. For Abac, sharing time, knowledge and money with the most disadvantaged is an integral part of who we are and what we do.”

Oriol Pinya
Founding Partner



ROVI

“

ROVI has been collaborating with Fundacion Recover for two years.

The essence of ROVI is the people's care, a commitment aligned with the goal of Fundacion Recover, whose great efforts contribute to improved health care access and more professional treatment and management in Africa.”

José Eduardo González
Vice D. General - RRII and Laboratory
Communication, ROVI



Juan Rey Biel

“

Collaborating on the enormous job that we do at the hospitals has been, on our side, better than expected. Furthermore, the previous and continuing work with tools such as Medting is fundamental. It has been, for everyone, an experience that changes the way you see things.

Juan Rey Biel, Oral and Maxilofacial surgeon y solidary runner



Fundación ASMAR-Catalina Mercadal

“Fundación ASMAR-Catalina Mercadal has supported Fundacion Recover’s health projects since 2014, during which time they have proven their commitment and consistency.

This year, we supported a project to provide basic surgical equipment to the King Christ Clinic in Obout, Cameroon.

We are very proud to form part of their collaborative business network and to help improve medical care access in Africa.”

Catalina Mercadal
Vice-president, Fundacion
ASMAR-Catalina Mercadal



Fundación Barceló

“For us, Fundacion Recover is a highly-regarded example to follow, which is why we collaborate on the projects at Saint Martin of Porres in Yaounde and Saint Dominique in Djunang, convinced of the true change being created by the participants.

My deepest thanks for your great efforts to improve healthcare in such a disadvantaged country.”

Rafael Torra Torreguitart
Director General of Fundación Barceló



David Pérez manchón

“Volunteering with Fundacion Recover has been a motivational bonus in my personal and professional life. It helps me to grow as a person, has allowed me to reach goals and contemplate new professional challenges. There is nothing more vocational than volunteers uniting with African colleagues to improve the health of people that truly need it.”

David Pérez Manchón, Nurse and Nursing Professor at
Universidad Camilo José Cela

08

Acknowledgements

Major Benefactors



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Acción Verapaz
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Balmaseda y de la Llama
Best Doctors
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Clínica y Formación Puche Lázaro
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Formación Grupo OTP (Premio Hospital Optimista)
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Universidad Rey Juan Carlos

Collaborating Groups

To all of the religious congregations that collaborate with us in Africa as well as in Spain.

To all of the medical centers and hospitals in QuironSalud Group, as well as Fundacion QuironSalud.

To all of the partners, volunteers, and individual donors that make it possible for Fundacion Recover to continue working towards qualified medical care for everyone in the African countries where we have a presence.

¿What Can You Do?



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91 411 09 68

info@fundacionrecover.org